## 7/22@~25@ Ipean Rok!

"Let's eat!" in the Ishikarai Ainu Dialect

Ohaw means "soup" in the Ainu language. A traditional dish passed down through generations. Ingredients vary, including deer, bear, fish, wild plants, and vegetables.

Yukkam(deer meat), wild ingredients: vegetables, korkoni (butterbur)

198 Yen non-me mber 237 Yen tax incl.

Yukkam Ohaw

Ainu Food Fair

The "Ipean Rok!" Fair is bringing Ainu culture to campus through contemporary Ainu cuisine!

Coop Member





## Rataskep

Dishes made by combining various ingredients. Served during rituals and ceremonies.

Continuously updated through seasonal and personal variation.

kampoca (pumpkin paste), kimi (corn), red kidney beans



Coop Member 660 Yen non-me mber 792 Yen mber 792 Yen tax incl.



Spicy Ezo-Deer Curry

Curry is a staple dish in many modern Ainu households. This version uses Ezo deer meat. Meat provided by Shigeki Amanai, president of the Shiranuka Ainu Association.



Yukkam(deer meat)

